

My
New
Favorite
Salad

Strawberry Blueberry & Spinach Salad

In a Honey, Lemon and Fresh Ginger Dressing -- Yummy

Dressing

In a large glass serving bowl whisk together:

- 1 T Fresh Lemon Zest
- 1/4 C Fresh Lemon Juice
- 1 T Honey
- 1 T Fresh Ginger Grated
- Tiny Pinch @ Salt & Pepper

Whisk in 2-3 T Olive Oil just enough to emulsify.

Add to the dressing and toss well:

- 4-6 Huge handfuls of clean **Fresh Spinach**, stems removed & torn into bite-size pieces
- 8-10 Fresh Strawberries, sliced
- 3/4 C Fresh blueberries
- 1/2 C Toasted chopped pecan halves
- 3/4 C Diced Fresh Jicama



4 individual side servings
or
2 large lunch salads

Much to my surprise this salad held up very well overnight and was served with leftover grilled chicken the next day for a mid afternoon snack. It will be a great addition to the lunch box.

